

## Tuesday, Dec. 7, 2021 12:00 – 1:00 PM Norton Rec Center

Watch Norton County Hospital Facebook page for details or changes.

This doctor-led group is a fun and safe place to go for a walk, learn about health, and meet new friends.

The event is **FREE** and all are welcome!

Future walks will be held on the 1st Tuesday of every month.



NORTON
COUNTY HOSPITAL
NORTON MEDICAL CLINIC

Questions? Contact Norton Medical Clinic Director Avery Aiken. aaiken@ntcohosp.com | 785-877-3305